

ABERNECESSITIES

Sweet Dreams

No Child Should Go Without

AberDream

Poor sleep can exacerbate a number of both physical and mental health conditions and make it even more difficult for a child to concentrate at school.

We have seen a huge influx in referrals from health care professionals requesting beds and mattress for children sleeping on broken, no longer fit-for-purpose beds, sharing with parents or siblings, or in some cases, simply sleeping on the floor.



LET THEM DREAM

Sleep is a fundamental part of a child's development and sleep deprivation can exacerbate a number of mental, physical and emotional health conditions making it increasingly difficult for children to meet their full potential.



The Importance of Sleep



Mentally

Regenerates
their brains



Physically

Improves
physical wellbeing



Emotionally

Supports learning,
concentration and
behaviour

Dreaming Sweetly

'No Child Should Go Without Sweet Dreams' helps raise awareness and funds to provide local children with a good night's sleep.



600+ beds
gifted.

Thousands of dreams
sweetly dreamt.





Sweet Dreams Bundles

Bed & Mattress

Sainsbury's Furniture Store provide quality children's beds and mattresses at cost price and generously supplying a free delivery and set-up service for each bed purchased.

£260

Snug as a Bug

Carefully and lovingly curated, each Sweet Dream bundles includes, duvets, pillow, bedding, pyjamas, cosy slippers, a hot water bottle, a story book and a teddy bear.

£65



07719707360



VICKY@ABERNECESSITIES.CO.UK



WWW.ABERNECESSITIES.CO.UK



GROVE HOUSE, HOWE MOSS
ROAD, DYCE, AB21 0ER

Contact Us

@ABERNECESSITIES

